LEADERSHIP 1:

Transforming Self Program

The Transforming Self program is an intensive experience of how to transform as a leader, through being in integrity to our highest Values and Purpose.



The program helps you become more self-aware to understand the drivers behind your behaviours, and identify what may be holding you back from your full leadership potential. In the program, you will learn how to step into a place of courage, choice, authenticity and fulfillment.

WORKING ON YOUR REAL CHALLENGES

In the program, we ask you to bring your current business or life challenges. Through experiential exercises, you will unlock them from a completely new perspective and higher level of consciousness. You will be able to take these tools into your work and personal life, allowing you to live a life of transformational leadership.

BASED ON LEADERSHIP RESEARCH

Th process of this program is designed to unlock any challenge by integrating the latest leadership concepts such as adult stages of development and vertical development (Barrett, Kegan, Anderson, Heifetz, Scharmer, etc.) with the great wisdom traditions. "You can't solve a problem from the same level of thinking that created it."

- ALBERT FINSTEIN

What you'll explore on the program



What are my challenges and why do they keep happening to me?



What are my deeply held beliefs which I unknowingly carry?



What are my personal values and what do they say about me?



What are the tools to transform at any moment?



What are the Seven Levels of Consciousness?
Where am I now? Where do I want to be in future?



What is my Purpose? Why am I here?



What are my "triggers"?



How do I step into my authenticity?

THE TRANSFORMATIONAL LEADERSHIP JOURNEY



LEADERSHIP 1:

Transforming Self

Self-Awareness and skills of Transformation



LEADERSHIP 2:

Living My Purpose

Sustaining the transformation through monthly coaching, embedding the skills learned in Transforming Self.



FORMAT

Transforming Self program is run either as:

- 4 x ½ day sessions online or
- 2 -2.5 day in person with teams

Investment: AU\$2250.00

VIEW PROGRAM DATES